

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
1	PE Joe Wicks	PE Cosmic Yoga	PE	PE Cosmic Yoga	PE Joe Wicks
2	Phonics	Phonics + Spellings for Year 1	Storytime	Reading	Reading
BREAK					
3	Storytime	Dough disco + Handwriting for Reception and Year 1	Cooking	Reading comprehension	Reading comprehension
4	English	Maths	Maths	Online maths activity	Whole school DT The Great Big British Bake Off!
LUNCH					
5	Whole school Science Investigation	Whole school Art How can you express yourself through Art?	Art	Whole school Music/Dance How does being creative and expressing yourself make you feel?	Whole school PE Find your inner peace!
6	Music	Storytime	Game Time!	Live Storytime on Microsoft Teams with Miss Bowling	PSHE

Please see the following pages for your daily home learning activities this week.

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

	Monday	Activity instructions
1	PE	To start off the day and wake our brains and bodies up please find PE with Joe Wicks <a href="#">here</a> . His live session begins at 9am. You can also find other pre-recorded sessions on his channel if you prefer.
2	Phonics	<p><u>Nursery</u> The aim of today's activity is for the children to identify words with the same number of syllables. You will need the syllable picture cards again (that were used in last week's activities).</p> <p>You are going to play 'Shuffle Snap!' Go through the picture cards together before playing the game, ensuring your child has had the opportunity to practice saying each word and clapping the syllables in each word. Shuffle the picture cards and lay them face down in a pile in the centre of a table. Take it in turns to turn over one card. If the number of syllables of the new card matched that previously turned over the first player to say "SNAP!" wins the pair. Keep playing until no more pairs can be made.</p> <p><u>Reception</u> Watch this short video <a href="#">here</a> about the 'w' sound. Click <a href="#">here</a> to play the game 'Buried Treasure' on Phonics Play.</p> <ol style="list-style-type: none"><li>1. Select Phase 3</li><li>2. Select Sets 1 to 5 plus Set 6 and click on +w</li><li>3. Look at the word on the coin. Blend the sounds in the word (for example, w-i-g) and then read the word as a whole. Once you have read the word, decide if the word is a real word or a nonsense (not real) word. If the word is real, drag the coin to the treasure chest. If it is a nonsense word, drag the coin to the dustbin.</li></ol>

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

Once you have done this can you write the following words independently?

web

wig

well

wet

wok

If you'd like a challenge, have a go at writing the words below.

West

wind

wedding

Year 1

Watch this short video about the 'ai' sound [here](#).

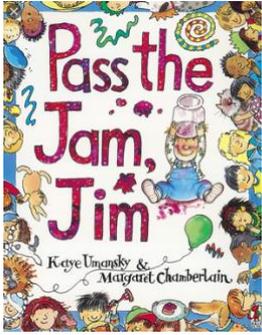
Using paper, post its or a sheet from your English book make some sound cards for the digraphs (sounds that contain two letters but make one sound) **ch**, **sh**, **th**, **ng** and **ai**. Practise forming each letter correctly and then tell a grown up each of the sounds.

Using these sound cards and the ones that you have already made, can you make the following words?

chain king paint thing faint shrimp aim thick moth snail chick train

Say each word to your child and see if they can use their sound cards to make them. Ask them to read each word once they have made it to check they have made the correct word. Keep your sound cards safe so they can be used again.

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

3	Storytime	 <p>Listen to today's story, 'Pass the Jam, Jim <a href="#">here</a>, written by Kaye Umansky.</p> <p>Get ready to see a group of children prepare for a party. Each child performs their own task perfectly - except for Jim who just can't keep his hands out of the jam pot!</p>
4	English	<p><u>Nursery</u> Can you recall all the things the children were making for their party? Share your ideas with a grown-up. Now think about what you would like to eat at a party. Can you share your ideas with a grown up and/or draw a picture to show what your favourite foods to eat at a party would be?</p> <p><u>Reception</u> In the book, Pass the Jam Jim, there is use of alliteration. Alliteration is when you have words that all start with the same sound: Jam Jim. Can you make up a funny alliteration with your child, using their name? For example, Lucky Laura, Happy Hannah, Excited Elliot.</p> <p><u>Year 1</u> Click <a href="#">here</a> to watch this short video about rhyming words. Today you are going to do practise continuing rhyming strings. Using your English book to record your ideas, How many words can you think of that rhyme with the word bed? Write down all the words you can think of. Try this again, this time using the word chair. How many words can you think of that rhyme with chair? As an extra challenge, can you write some short sentences with rhyming words?</p>

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

		For example, A frog sat on a log or Ted went to the park with Fred. Remember to start each sentence with a capital letter and use a full stop at the end of your sentence.
5	Whole-School Science Investigation	Please click on the link <a href="#">here</a> for more information about the Science investigations that you can choose from.
6	Music	<p>Today you are going to have lots of fun creating your own Water Music!</p>  <p>Arrange some drinking glasses on a table. Now hit each one with a pencil. What sound do they make? Is each different?</p> <p>Now carefully add different amounts of water to each glass. Hit each glass with a pencil again. How have the sounds changed? What is different? Experiment by adding/taking away water to see how many different sounds can be created.</p> <p>Can you sing a nursery rhyme or song or make up your own song while playing your water xylophone? Don't forget to share your wonderful music with us on Class Dojos!</p>

	Tuesday	Activity instructions
		Warm up your body with the Trolls <a href="#">here</a> .

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

1	PE	<p>To start off the day and wake our brains and bodies up please find Cosmic Yoga with Jaime <a href="#">here</a>. Today you are going on an adventure with Coco the Butterfly! Enjoy! You can find many other cosmic kids yoga adventures on Jaime's channel <a href="#">here</a> too.</p>
2	Phonics	<p><u>Nursery</u> The aim of today's activity is for the children to identify words with the same number of syllables. You will need the syllable picture cards again (that were used in last week's activities) and three sheets of paper (write the numbers 1, 2 and 3 on each piece of paper).</p> <p>Play the game 'Syllable Sorting' with a grown-up at home. Turn the picture cards face down and ask your child to take a picture. Say the word together and clap the syllables. Ask your child to put the picture on the corresponding piece of paper. For example, if the picture has two syllables in it (such as table) it will go on the piece of paper numbered with a 2. Initially, your child may need support to do this. As the activity progresses see if they are able to place a picture on the correct piece of paper independently.</p> <p><u>Reception</u> Watch this short video <a href="#">here</a> about the 'x' sound. Can you think of any words that have an 'x' sound at the end? Share these with a grown-up.</p> <p>Today we are going to play 'What's the word Mr Wolf?' This game is played just like 'What's the time Mr Wolf?' but with words instead of times.</p> <p>Your child will stand at one end of the room and you will stand at the other. Your child will shout 'What's the word Mr Wolf?' and you will turn around to them and shout out a word like 'rag.' Once you turn back round your child has to say the sounds that are in this word aloud (f – o – x) and as this do this, they will take three steps towards you because the word contains three different sounds.</p>

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

Once you have repeated this a few times and your child is getting closer to you, they can ask you again 'What's the word Mr Wolf?' You can respond by turning around and shouting 'DINNER TIME!' and then chase your child back to the starting line, seeing if you can catch them or not. You can play the game as many times as you would like.

Here are the words to use for your game:

box jet van win fix jam vet web

You could use these words instead if you'd like a challenge:

just wind vent wax mix waft jump fox jogging

Year 1

Watch this short video about the 'ee' sound [here](#).

Using paper, post its or a sheet from your English book make some sound cards for the digraph (sounds that contain two letters but make one sound) **ee**. Practise forming each letter correctly and then tell a grown up the sound.

Using these sound cards and the ones that you have already made can you make the following words?

deep meet tree free sheet sheep creep green street three screen

Say each word to your child and see if they can use their sound cards to make them. Ask them to read each word once they have made it to check they have made the correct word. Keep your sound cards safe so they can be used again.

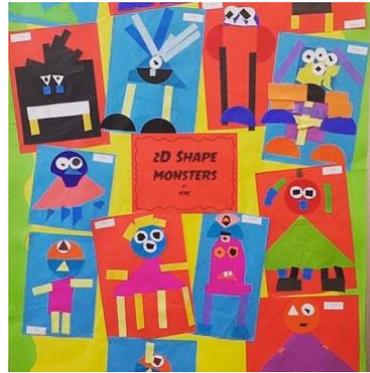
Log into your Readwriter account to practise the spellings that have been set for you.

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

		If you cannot remember your login details, please let me know.
3	Dough Disco + Handwriting for Reception and Year 1	<p>Dough Disco is exercise for the fingers to develop fine motor control. Using either playdough, a small ball or a pair of socks get ready to go to the Dough Disco <a href="#">here!</a></p> <p><u>Reception and Year 1</u></p> <p>Today we are going to practise our 'zig-zag' letters, <b>z v w</b> and <b>x</b>. Watch this short video <a href="#">here</a> first and then you can have a go at forming these letters yourself!</p> <p>Before you pick up your pencil, practise forming each letter in the air with your 'magic writing finger' first.</p> <p>Once you have practised your formation in the air, use your lined English book to practise the formation of each letter (v w x and z) five times. If you want to you could underline your best formation of each letter. Once you've done this, have a go at writing the words <b>wig</b> and <b>fox</b> making sure you remember to make your descenders (g and f) long.</p> <p>If possible, make sure you are sitting at a table to do your writing – this will help you to do your best handwriting!</p>
4	Maths	<p><u>Nursery</u></p> <p>This week we are learning all about shapes. Can you create your own shape picture using round shapes, straight shapes, tall shapes and short shapes? You could draw your own picture or ask a grown-up to cut out some shapes for you and then arrange them and stick them onto a piece of paper to make your own picture.</p>

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

Here are some examples:



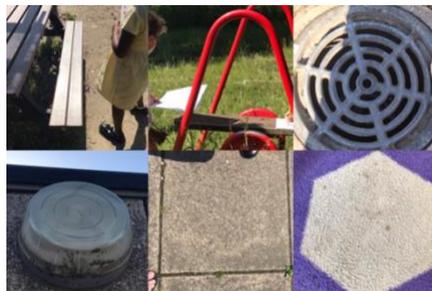
Once you've finished, tell a grown-up all about the shape picture you have made. Can you describe the shapes you have used?

### Reception

Watch this short video about 2D shapes [here](#).

Shapes are everywhere!

Today, you are going on a 2D shape hunt to see what shapes you can find around you.

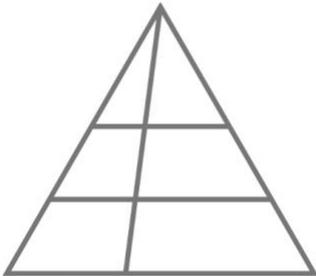
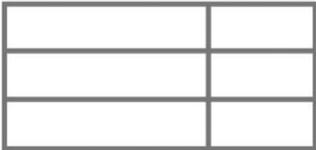


Starting with circles, squares, rectangles and triangles, look around your house and in your garden. What 2D shapes can you see? Can you name the shapes you find? How many circles can you see? What about triangles/rectangles or squares? Can you find any other shapes?

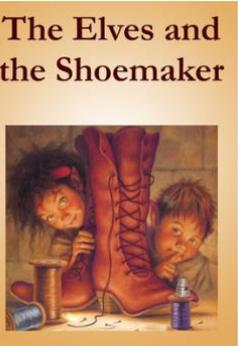
What is the most common shape that you found?

If you are able to, take photos of the shapes you find and share them on Class Dojos.

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

		<p><u>Year 1</u> Watch this short video about 2D shapes <a href="#">here</a>.</p> <p><b>Spot the shapes 1</b></p> <p>1. How many triangles can you count?</p>  <p>2. How many rectangles can you count?</p> 
5	Whole-school Art How can you express yourself through Art?	Please click on the link <a href="#">here</a> for more details about this fun and very colourful art activity!

Week 4 Timetable  
 Week beginning 1<sup>st</sup> February 2021

6	Storytime	 <p>The Elves and the Shoemaker</p>	<p>Listen to the story 'The Elves and the Shoemaker' <a href="#">here</a> read by Chrissy Metz, written by Brothers Grimm &amp; Jim LaMarche, illustrated by Jim LaMarche and published by Chronicle Books.</p> <p>If you do not have access to a device to listen to this story online, don't worry. You could choose a book that you have at home that a grown-up can read to you.</p>
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	Wednesday	Activity instructions
1	PE	<p>As it is Children's Mental Health Week this week all of today's activities are away from the screen.</p> <p>Choose your own activity today to wake up your bodies and get ready for the day ahead!            Here are some ideas if you need them:            Make up your own dance routine – put on your favourite songs and dance away!            Wrap up warm and go on a wintery walk. What can you see as you walk?            Design and make an obstacle course in your house or garden. How fast can you complete it?</p>

Week 4 Timetable  
 Week beginning 1<sup>st</sup> February 2021

2	Storytime	 <p>Build a reading den – find somewhere cosy and comfortable, grab your favourite teddies and snuggle up with a grown-up to share your favourite books.</p> <p>Talk to a grown-up after reading and answer these questions:        What was your favourite part and why?        Which was your favourite character? Why?</p> <p>Can you find an example of a letter, a word and a sentence in your book?        Can you think of another book that is similar to the one you read?</p>
3	Cooking	<p>In the story that you listened to on Monday, Pass the Jam Jim, the children were all getting things ready for a party.</p>  <p>What food do you like to eat at a party? Share your ideas with a grown-up.</p> <p>With support from a grown-up at home can you make something that you would like to eat at a party? What will you make? Cupcakes? Vegetable sticks? Biscuits? Sandwiches? A fruit salad? Jelly and ice-cream? A pizza?</p> <p>Help a grown-up to get the ingredients you need, measure them out carefully and then make your party food. Don't forget to share a photo of what you make on Class Dojos – we can't wait to see your delicious creations!</p>
4	Maths	<u>Nursery</u>

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021



Shapes are everywhere!

Today, you are going on a shape hunt to see what shapes you can find around you.

Look around your house and in your garden. Can you find any round shapes? Can you find any tall/short shapes? Can you find any shapes with straight or curved sides? Can you name any of the shapes you find?

How many round objects did you find?

How many straight objects did you find?

If you are able to, take photos of the shapes you find and share them on Class Dojos.

### Reception

Play 'The Shape Game' with a grown-up at home. You can find the game on the website on the page 'Week beginning 01.02.2021.'

You will need a dice and two coloured pencil crayons. If you do not have a dice at home, there is an interactive dice [here](#).

1. Take it in turns to roll the dice. If you roll a 5 or 6 you miss a turn! If you roll a 2 you get another turn.
2. Find a shape with that number of sides. Remember to count the sides if you're not sure how many there are.
3. Name the shape.

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

4. If you name the shape correctly, colour it in.
5. The first to colour in 5 shapes in a row wins!

Year 1

Play the game 'I'm thinking of a shape...' with a grown-up at home.  
Here's an example...see if you can guess the shape I am describing.

I'm thinking of a 2D (flat) shape which has three straight sides and 3 vertices (corners).

Did you guess the shape I described? It's a triangle!

Remember to include details about the number of sides and vertices a shape has and whether the shape's sides are straight or curved. You can take turns with a grown-up so that sometimes you are guessing the shape and sometimes you are giving the clues about the shapes.

Name of shape	Sides	Number of sides	Number of vertices
Circle	Curved	1	0
Triangle	Straight	3	3
Rectangle	Straight	4	4
Square	Straight	4	4
Pentagon	Straight	5	5
Hexagon	Straight	6	6

Once you have played the game, choose your best clues and write them down in your maths book.  
Here is an example to help you.

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

Which shape am I?  
I have four straight sides. Two sides are long and two sides are short.  
I have four vertices.  
  
I am a...square!

5

Art

## Shadow Drawing

Make the most of the sun and explore light and shadows.

Place your object of choice on your paper and use it as a guide to trace the outline.



Aidan Slinn

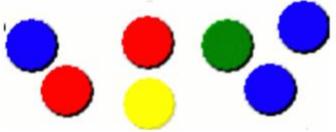
For this activity you will need some paper, a pencil, some colouring pencils and some interesting objects from your house.

If it isn't a sunny day you could use a lamp or light inside your house to create a shadow.



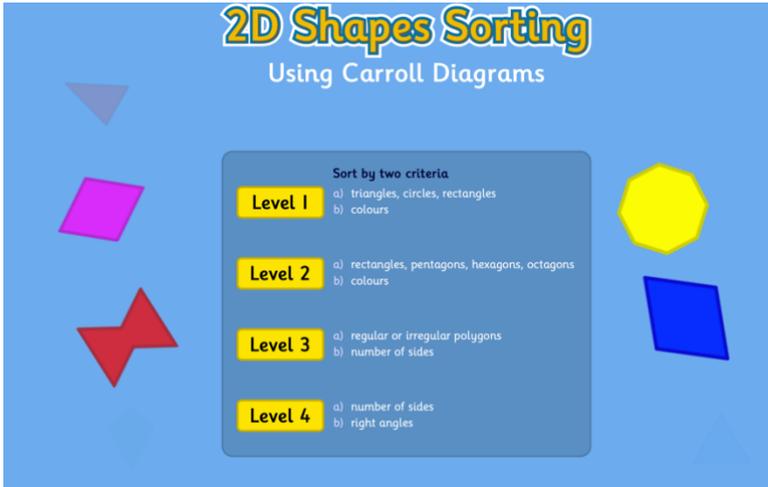
Once you have traced round the objects use your colouring pencils to add colour. You could also create a picture with your drawings.

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

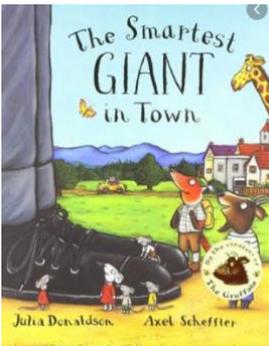
6	Game Time!	<h2>Nim-7</h2> <p>This is a basic form of the ancient game of Nim.</p> <p>You will need seven objects, such as counters or lego. It is a game for two players.</p> <p>Place the 7 counters in a pile and decide who will go first. (In the next game, the other player will have the first turn.)</p> <p>Each player takes turns to take away either one or two counters.</p> <p>The player who takes the last counter wins.</p>  <p>Keep playing until you work out a winning strategy. Does it matter who has the first turn? What happens when you start the game with more counters?</p>
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	Thursday	Activity instructions
1	PE	<p>Warm up your body with the Freeze Dance <a href="#">here</a>.</p> <p>To start off the day and wake our brains and bodies up please find Cosmic Yoga with Jaime <a href="#">here</a>.</p> <p>Today you are going on an adventure with Pedro the Penguin.</p>

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

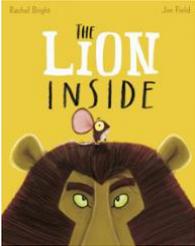
		You can find many other cosmic kids yoga adventures on Jaime's channel <a href="#">here</a> too.
2	Reading	Please see the separate 'Individual Reading' sheets for reading activities.
3	Reading comprehension	Please see the separate 'Individual Reading' sheets for reading activities.
4	Online maths	<p><u>Nursery</u> Play the 'Shape Monsters' game <a href="#">here</a>.</p> <p><u>Reception</u> Play the 'Shape Monsters' game <a href="#">here</a>.</p> <p><u>Year 1</u> Play the 'Shape Sorting' game <a href="#">here</a> and see if you can sort 2D shapes according to two criteria.</p>  <ol style="list-style-type: none"><li>1. Click on Level 1</li><li>2. Sort the shapes according to the given criteria</li></ol> <p>If you would like a challenge, try Level 2!</p>

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

		Reception and Year 1 can also access Mathletics using their login details if they would like to do anymore online maths learning.
5	Whole School Music/Dance How does being creative and expressing yourself make you feel?	Please click on the link <a href="#">here</a> for more details about this activity. Have fun expressing yourself!
6	Live Storytime with Miss Bowling on Microsoft Teams.	 <p>Today Miss Bowling will be reading 'The Smartest Giant in Town', written by Julia Donaldson, illustrated by Axel Scheffler and published by Macmillan Children's Books.</p> <p>George didn't like being the scruffiest giant in town, so when he sees a new shop selling giant-size clothes he decides it's time to update his image. With smart trousers, a smart shirt, stripy tie and shiny shoes, George is a new giant. But on his way home, he meets various animals who desperately need his help. . . and his clothes!</p> <p>I hope that you can all join for Storytime today. However, if you are unable to you can find an online recording of the story <a href="#">here</a> if you would like to listen at a later time.</p>

Friday	Activity instructions
	To start off the day and wake our brains and bodies up please find PE with Joe Wicks <a href="#">here</a> .

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

1	PE	His live session begins at 9am. You can also find other pre-recorded sessions on his channel if you prefer.
2	Reading	Please see the separate 'Individual Reading' sheets for reading activities.
3	Reading comprehension	Please see the separate 'Individual Reading' sheets for reading activities.
4	Whole School DT The Great Big School Bake Off	Please click on the link <a href="#">here</a> for more details about this activity. After reading about the activity, you may like to do some baking together or you may just choose to talk about and design what you would make – the choice is yours!
5	Whole School PE Find your inner peace!	Please click on the link <a href="#">here</a> to find a range of activities to help you find your inner peace!
6	PSHE	<p>Today we are going to think about what it's like to feel brave and think about different ways that we can be brave.</p> <div style="display: flex; align-items: flex-start;">  <div style="margin-left: 10px;"> <p>Click <a href="#">here</a> to listen to the short story, The Lion Inside, written by Rachel Bright and illustrated by Jim Field.</p> <p>The Lion Inside tells the story of a shy little mouse who sets out on a journey to find his roar. Fed up with being ignored by the other animals, Mouse wishes he could roar like Lion. But, as he discovers, even the biggest, bossiest people are scared sometimes...and even the smallest creatures can have the heart of a lion!</p> <p>After reading, talk to a grown-up, using these questions to help you.</p> <ol style="list-style-type: none"> <li>1. What was brave about what the character in the story did?</li> <li>2. Can you think of a time when you were brave? What happened?</li> <li>3. How did it make you feel when you were brave?</li> </ol> </div> </div>

Week 4 Timetable  
Week beginning 1<sup>st</sup> February 2021

		4. Do you think it's brave to ask for help if you need it? Why?
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